



# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	 <p><b>SRC will be closed</b></p>	<p><b>Schools Starts - Expect lots of Traffic in the morning</b></p> <p>1:00 Bingo/ Cards</p>	1:00 Cards	<p>8:30 Board Meeting</p> <p>9:30 Exercise (PR Rita J.)</p> <p>Line Dance Class</p> <p>Beginners</p> <p>12:30 - 1:15 pm</p> <p>Regulars</p> <p>1:30 - 3:30pm</p> <p>(Pr. Rita T)</p>	<p>9:30 Yoga (PR Linda T.)</p> <p>10:45 Conversations (PR Sarah Burke)</p> <p><b>12:00 Tai Chi (PR Gary Donovan)</b></p> <p>1:00 Cards</p>	<p><b>1:30 - 4:30 pm Game Afternoon (PR. Jo Anne R. &amp; Carol Todd)</b></p>
8	9	10	11	12	13	14
 <p>HAPPY GRANDPARENTS DAY!</p>	1:00 Dominoes/Cards	1:00 Bingo/ Cards	1:00 History & Cards	<p>9:30 Exercise (PR Rita J.)</p> <p>Line Dance Class</p> <p>Beginners</p> <p>12:30 - 1:15 pm</p> <p>Regulars</p> <p>1:30 - 3:30pm</p> <p>(Pr. Rita T)</p>	<p>9:30 Yoga (PR Linda T.)</p> <p>10:45 Writing (PR Jan Donovan)</p> <p><b>12:00 Tai Chi (PR Gary Donovan)</b></p> <p><b>1:00 Cards</b></p>	10:00 -12:00 Crafters (PR Pat Jenkins)
15	16	17	18	19	20	21
	<p>1:00 Dominoes/Cards</p> <p><b>2:00 Photography (Shutterbugs) (PR Sharon Prescott)</b></p>	<p><b>9:30 Blood Pressure Testing</b></p> <p><b>10:00 JOY, Debbie Capps, Public Health Nurse, Lecture on Diabetes</b></p> <p><b>Pot Luck to follow (PR Junita S.)</b></p> <p>1:00 Bingo/ Cards</p>	<p><b>10:00 Antique Appraisal (PR Jim O.)</b></p> <p>1:00 Cards</p>	<p>9:30 Exercise (PR Rita J.)</p> <p>Line Dance Class</p> <p>Beginners</p> <p>12:30 - 1:15 pm</p> <p>Regulars</p> <p>1:30 - 3:30pm</p> <p>(Pr. Rita T)</p>	<p>9:30 Yoga (PR Linda T.)</p> <p>10:45 Conversations</p> <p><b>"Topic TBD"</b> (PR Sarah Burke)</p> <p><b>12:00 Tai Chi (PR Gary Donovan)</b></p> <p>1:00 Cards</p>	<p><b>6:30 - 9:00 pm Game Night (PR Jo-Anne R. &amp; Rita T.)</b></p>
22	23	24	25	26	27	28
	1:00 Dominoes/Cards	1:00 Bingo/ Cards	<p>1:00 History &amp; Cards</p> <p><b>1:00 - 4:00 Bonnie Dozier, Senior Services S. East VA - Counseling &amp; Information Services. (By Appointment only)</b></p>	<p>9:30 Exercise (PR Rita J.)</p> <p>Line Dance Class</p> <p>Beginners</p> <p>12:30 - 1:15 pm</p> <p>Regulars</p> <p>1:30 - 3:30pm</p> <p>(Pr. Rita T)</p>	<p>9:30 Yoga (PR Linda T.)</p> <p>10:45 Writing (PR Jan Donovan)</p> <p><b>12:00 Tai Chi (PR Gary Donovan)</b></p> <p><b>1:00 Cards</b></p>	
29	30					
	<p><b>11:00 New Hospice House Terry Jenkins/ Hospice Care Brenda Cobb Lecture/Pot luck (PR Nancy A.)</b></p> <p>1:00 Dominoes/Cards</p>					